

Registration Form: (please print)

Name: _____

Organization: _____

Address: _____

City: _____ State: _____

Zip Code: _____

Phone: _____

Email: _____

Costs:

- February 12: \$75 (Free to AAIDD members)
- APA Continuing Education (CE) Processing Fee: \$30 (Optional)
- February 13: \$75
- Both days: \$130
- Student Fee: \$60 for either day or \$115 for both
Must provide copy of valid student ID upon request

Please make checks payable to AAIDD and send to:

Options for Community Growth, Inc.

11823 W. Janesville Rd.

Hales Corners, WI 53130

Attn: Linda Draayers or Dan Drury

Or Register online at <http://www.aaidwi.org> and use PayPal for payment

Registration Deadline: **February 6, 2015**

For further information on this conference or special accommodations please call Dan Drury at 414-433-1210 ext. 104

- To print please use 8.5 X 14" paper
- Visit our website for more information at <http://www.aaidwi.org>

Lodging: For reservations, call the Wilderness Resort at 608-254-1020 by 1/13/15 and use code #440282. Double Queen Room is \$99.99 for 2/12/15 & \$129.99 for 2/13/15



The American Association on
Intellectual and Developmental
Disabilities – Wisconsin Chapter
Presents:

Inspiring Excellence:

Proactive Approaches in Guiding Life Choices

February 12 & 13, 2015

Glacier Canyon Conference Center at the
Wilderness Resort

45 Hillman Road

Wisconsin Dells, WI 53965

Thursday, February 12, 2015

Registration: 12:30 – 1:00 p.m.
Intensive Session: 1:00 – 4:00 p.m.

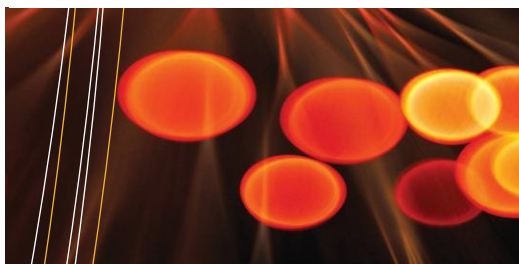
Title: Restraint Reduction: Analysis and Best Practices

Presented by: David Lennox, PhD, QBS, Inc.

**With an additional \$30.00 processing fee, this presentation will provide attendees 3.0 Continuing Education (CE) hours approved by the American Psychological Association.*

The use of physical restraint is often considered a necessary intervention for very dangerous behaviors. Even so, the use of restraint should be avoided as often as possible and unfortunately is sometimes used when unnecessary. Various federal and state legislatures and agencies have increased efforts at reducing restraint use. Many educational and professional associations have established position papers to ensure that physical restraint is used only when necessary, used by trained professionals, and thoroughly analyzed to reduce or prevent its use. This presentation will first review key points of these efforts and critical positions on the use of restraint. Second, an array of motivational conditions that influence the use of physical interventions by staff and organizations will be discussed. Finally, a number of individual, program, and organizational recommendations toward reducing the use of physical restraint will be provided.

Reception: 4:00 – 7:00 p.m.
Hot appetizers provided!



Friday, February 13, 2015

Registration / Continental Breakfast: 8:00 -8:30 a.m.
Opening Remarks: 8:30 – 8:50 a.m.

Keynote: 9:00 – 11:00 a.m.

Title: Energy Leadership: The Roadmap to Inspiring Excellence

Presenter: Michael Bloom, MA, MS, CPC, Bloom Coaching and Performance, LLC

Description: During this motivational session, attendees will be provided with practical tips, tools and coping strategies based upon the principles of the Energy Leadership™ roadmap so high quality supports can be provided that promote positive outcomes for all stakeholders, including its field workers.

Lunch (Provided): 11:00 – 12:00 p.m.

Breakout 1: 12:00 – 1:30 p.m.

Session A: Psychotropic Medications and Related Side Effects

Presenter: Jeffrey Marcus, MD

Description: Dr. Marcus will review the basic principles and classifications of psychiatric medications, the common uses and side effects of the various medications, and possible reasons for medication non-adherence.

Session B: Getting the Memo: Community Coalitions for Sustainable Health Promotion Initiatives

Presenters: Beth Marks, PhD, RN and Jasmina Sisirak, PhD

Description: To increase awareness that health promotion is everyone's responsibility regardless of job description within an organization. Provide information on the benefits of community coalitions in creating a sustainable infrastructure for people with IDD to have healthy lifestyles.

Session C: We Know What Works: How Do We Make It Happen?

Presenter: David Lennox, PhD

Description: This session will review some common and generally effective approaches to improving performance management and provide several strategies within the context of common performance problems.

Breakout 2: 1:45 – 3:15 p.m.

Session D: Legislation

Presenter: Forbes McIntosh, President of Government Policy Solutions (GPS)
Description: Mr. McIntosh will provide an update of the Wisconsin 2015-17 legislative session and the state biennial budget process, identifying policy and funding proposals as it affects persons with disabilities, providers, and the mental health profession. The presentation will also focus on needed advocacy efforts.

Session E: Writing Effective Behavior Plans

Presenter: Matt Welch EdS, BCBA
Description: This presentation seeks to clarify steps and approaches to make the process of developing and implementing behavior plans more successful and a better fit for everyone involved in behavior change. Specific objectives will include: assessing readiness for interventions; the behavior assessment process; thinking about your team and behavior change as a system; steps for better implementation of the plan; assessing outcomes; and trouble shooting.

Session F: Foundational Principles to Consistently Inspire Excellence in Teams

Presenter: Michael Bloom, MA, MS, CPC
Description: During this compelling "let's be real" hands-on workshop, participants will engage in activities that promote: The understanding of the foundational principles of Energy Leadership™ so teams can continue to do their important work with even more determination (and an extra spring in their step); The ability to transform disagreement into a positive exploration of possibilities before arriving at team consensus and sustainable team synergy that results in lasting productivity (and FUN!)

3:15 – 3:30 p.m. Conference Evaluations / Certificates of Attendance provided.
Thank you so much for attending our conference!

Keynote Presenters

David Lennox, PhD, founder and President of QBS, Inc., received his Ph.D. from Western Michigan University specializing in Applied Behavior Analysis. Dr. Lennox has developed, directed, and consulted in organizations and programs treating children, adults, and geriatrics in a variety of settings including schools, community and group homes, long-term care, academic research programs, day treatment programs, and hospitals. He has conducted hundreds of presentations, published numerous articles, and has appeared on the PBS series entitled "Abnormal Psychology." In addition, he teaches Organizational Behavior Management at Simmons College, has served on governmental committees for clinical change, and is active in numerous professional and healthcare organizations and associations.

Michael Bloom, MA, MS, CPC, FAAIDD, Certified Professional Coach and Caregiving Without Regret™ Expert has energized hundreds of caregivers with soul-saving coping strategies that support them in saving lives, including their own. With a wealth of practical expertise as both a family and professional caregiver, Michael serves as a welcome and sought-after catalyst to guide caregivers to stay energized and committed to work that has never been more important than it is today.